

15 min. Turkey Chili

1 lb. Ground turkey	1 can of pinto beans
1 chopped onion	1 can of black beans
1 can of kidney beans	1 can condensed tomato soup
2 tsp. Chili powder	

Brown the ground turkey in large cooking pot with onion. Open cans, add all ingredients, mix and simmer 5 minutes. Add enough water to adjust the consistency.

Additional serving suggestions: Serve over quinoa. Add more vegetables: grated carrots, corn, zucchini, and can of stewed tomatoes.